

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Response to 7.2.1

(A)

1. Title of the practice

Promoting entrepreneurship through Self Help Groups

2. Objectives of the practice

To inculcate and promote business skills, ethics and techniques in our students, alumni and women to make them self-sustainable, self-employable, enabling them to make choices without the set limitation.

3. The Context

To motivate students, alumni and women to take initiatives and participate in activities like Campus Bazar, Monthly Exposition of Self -help Groups, canteen.

4. The Practice

Students are provided opportunities to showcase their handcrafted products, culinary skills, etc. through these exhibitions. They are informed about the exhibitions in advance, providing them with sufficient time to prepare accordingly. The women folk prepare fresh food every morning, maintaining hygiene in the outlet.

5. Evidence of Success

During exhibition students, teachers visit the stalls; buy products, motivating the entrepreneurship initiatives. Students and staff are contended with the quality of the food served in the canteen run by the women. The food items get over by mid-noon owing to heavy demand.

6. Problems Encountered and Resources Required

Initially it was challenging to get students to participate in these periodical exhibitions. Also, owing to limited resources the quantity of food prepared by them is limited. Therefore, the demand from the students' front could not be met.

Resources Required: Space, tables, electrical equipment, etc

(B)

1. Title of the practice:

Mental health and psychological wellness programme for the students.

2. Objectives of the Practice:

Holycross College is the only college in Tripura to run a centre for counselling psychology under the supervision and stewardship of trained professionals as per UGC norms. The college is proud of this practice of mental health and psychological wellness program as one of its best practices.

3. The Context

The relevance of the Mental Health and Psychological wellness program in the higher educational institutions is well appreciated by the educational policy makers of Tripura. The centre does not charge any fee from the students for providing counselling services to them.

4. The Practice

Centre for Counselling Psychology takes care of the stress, strain, academic problems, mental challenges interpersonal skills, social skills etc. The centre involves other faculty members for obtaining required information about both the expressed and potential problems of the students.

5. Evidence of success:

There has been rare reporting of cases of suicidal tendency, gender improper behaviour, ragging from the students' community.

6. Problems Encountered and resources required:

There is still a flawed perception among few of the students and guardians about the relevance and usefulness of counselling services.